Session 15

	Session 15
Session Title	**Rainbow Colors!**
Objective	• Introduce and familiarize students with the seven rainbow colors: red, orange, yellow, green, blue, indigo, and violet. • Teach the order of the colors (VIBGYOR). • Encourage creativity as students draw their own rainbow. Incorporate physical movement for fun and energy during the session.
Topics/Concept	• Rainbow colors (Red, Orange, Yellow, Green, Blue, Indigo, Violet). • The VIBGYOR acronym to remember the colors. • Order of the rainbow. • Drawing and coloring rainbows.
Material Required	• A4 sheets of paper (one per student). • Crayons, markers, or colored pencils in the rainbow colors: red, orange, yellow, green, blue, indigo, violet. • Rainbow song lyrics. • Flashcards with each of the rainbow colors.

Session Plan 90 Min

Intro Activity

- Welcome & Introduction to the Rainbow:

1. Greet the students with excitement! Say something like, “Today, we’re going to explore all the colors of the rainbow! Who knows what colors are in the rainbow?”

2. Introduce the rainbow and show a colorful picture or use flashcards to explain that there are seven colors in the rainbow.

Introduce Rainbow Colors

1. Go over the seven rainbow colors one by one:
    1. **Red (like an apple),**
    2. **Orange (like an orange),**
    3. **Yellow (like the sun),**
    4. **Green (like grass),**
    5. **Blue (like the sky),**
    6. **Indigo (a dark blue color),**
    7. **Violet (like a purple flower).**
2. Say the names slowly and clearly, and have the kids repeat after you.
3. Teach them the acronym VIBGYOR (Violet, Indigo, Blue, Green, Yellow, Orange, Red) to help them remember the order of colors in the rainbow.

Main Topic/ Activity - Rainbow Drawing Activity

Activity Setup:

- Hand out A4 sheets and crayons/markers.
- Ask the children to draw a rainbow on their paper. You can guide them to draw seven curved lines to represent the rainbow, each one a different color (in the correct VIBGYOR order).
- Encourage them to color each section with the correct color while saying the color aloud (e.g., "Red! Orange! Yellow!").
- Walk around and help them with color names if needed

Fun Tip: As the kids are drawing, tell them to think about things they know that are the colors of the rainbow (e.g., “What is something red? An apple! What is something yellow? A banana!”). This will connect colors to real-world objects.

2. Stand-Up, Sit-Down Game

Game Setup:

    - After everyone has finished drawing their rainbow, let’s get moving! Start by explaining the game to the kids:
- “When I say ‘Stand up,’ you’ll stand up and stretch like you’re reaching for the rainbow. When I say ‘Sit down,’ you’ll sit down and relax, imagining you’re looking at the rainbow. Let’s play together!”

Game Play:

- Play the game by saying “Stand up!” or “Sit down!” at random intervals.
- Make sure to mix it up, and even let the kids say “Stand up” or “Sit down” to keep them involved.
- This will refresh their minds, get them energized, and add a fun physical activity to the session.

Wrap-Up Activity

1. **Rainbow Song -** Teach the kids a simple song about the rainbow to end the session on a fun note. For example:

Rainbow Song
“Red and orange, yellow too,
Green and blue, indigo too!
Violet, violet, colors bright,
The rainbow’s here, what a sight!”

As they sing, they can hold up the colors they have drawn on their rainbow pictures. This will help reinforce the colors.

2. Review & Reflection - Sit with the kids in a circle and ask them:

- “What is your favorite rainbow color?”
- “Can anyone tell me the order of the colors in the rainbow?” (Encourage them to say VIBGYOR aloud.)

Expected Learning Outcome: - Knowledge building-

• Students will recognize and name the seven colors of the rainbow.

• They will understand the order of the rainbow through the VIBGYOR acronym.

Skill Building-

- Enhanced fine motor skills through drawing and coloring the rainbow.
- Improved speaking and listening skills as they practice color names and order.

Confidence Building:

- By engaging in the physical movement game and singing a song, students will gain confidence in speaking and using colors.
- Students will feel proud of their artwork and share their drawings with the class.

Review Questions/Assessment/Tasks

Follow up Tasks

• Coloring the Rainbow at Home:

- Encourage the children to continue practicing drawing and coloring rainbows at home using the colors they learned.
- They can draw rainbows in their notebooks and use different objects at home to match colors (e.g., a red apple, a green plant).

Rainbow Hunt:

- In the next session, plan a “Rainbow Hunt” where students can find objects around the room or outside that match the rainbow colors they’ve learned.

Revision #1
Created 2025-08-04 08:55:16 UTC by iLab
Updated 2025-08-04 09:00:30 UTC by iLab