# Session 1

| | Session 1 |
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| Session Title | Let’s Get to Know Each Other! |
| Objective | • Help everyone feel comfortable and speak English.<br>• Learn some simple English words ir<br>• Get to know each other better! |
| Topics/Concept | • Fun introductions<br>• A name game<br>• A moving and freezing game<br>• A rap-making activity<br>• Sharing time |
| Material Required | • Flashcards with easy words (run, ju etc.)<br>• Music (optional)<br>• A whiteboard or chart paper |
| Methodology | |

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| Session Plan | Intro  Activity<br><br>Main Topic/ Activity<br><br>1. Welcome & Icebreaker<br><br>Say hello and explain that today is all ab<br>and getting to know each other.<br>Each student says their name and one f<br>love pizza!").<br><br>Game: Name & Action<br><br>Each person says their name and does a<br>wave, clap).<br>The next person repeats the names and<br>adding their own.<br>This continues until everyone has had a<br><br>2. Let’s Move!<br><br>Game: Freeze & Mock<br><br>The teacher calls out actions like "dance<br>"walk."<br>Everyone follows until the teacher shout<br>then they must stop!<br><br>The teacher tries to make the frozen stu<br>with silly faces or jokes.<br><br>Goal: Break the ice, make everyone laug<br>comfortable!<br><br>3. Time to Get Creative!<br><br>Activity: Rap Building for Friends<br><br>Pair up and make a simple rap using you<br>easy words.<br><br>Example: "My name is Jake, I like cake!<br>dance, give me a chance!"<br><br>Perform your rap for the class – no press<br><br>Goal: Be creative, use new words, and h |

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