

Session 35: Self Introduction

Title	“All About Me - A Journey into
Objective	<ul style="list-style-type: none">• Help students introduce themselves basic self-description sentences.• Build confidence in speaking through interactive activities.• Enhance writing skills by practicing : formation.• Encourage creativity through drawing personal expression in the "Myself B• Foster peer interaction and collaboration through group and pair activities.
Topic	"Myself"
Methodology	<ul style="list-style-type: none">• Interactive teaching• Activity based teaching
Materials	<ol style="list-style-type: none">1. A4 sheets (for booklets and notebooks)2. Crayons, sketch pens, and markers3. Stickers (smiling face, stars, hearts,4. Pencils, erasers, and sharpeners5. Chart paper for "Myself Booklet" cover6. Format chart for the "Talk, Touch, and activity7. Sample booklet (for demonstration)8. Printed stickers (optional)9. Stapler (to bind the booklet)10. Board and markers for writing sentences
Session Duration	90 Minutes

Introduction Activity (5 minutes)

Circle of Greetings

Steps:

- Form a Circle: Ask all students to stand in a circle.

Introduction:

- Begin by saying, "I'm happy to see you all!" and introduce yourself using simple sentences:

"My name is _____. I am _____ years old. I like _____."

Main Activity (50 minutes)

Talk, Touch, and Write - Myself (20 minutes)**Steps:**

- Prepare a Format Chart :

1. My name is _____.
2. I am _____ years old.
3. I live in _____.
4. My favourite colour is _____.
5. I like to _____.

Read Together:

- Begin by reading the format aloud with the whole class 2–3 times. Student Participation One by One: Call each student one by one to the front.
- Help them say each sentence by pointing to the blanks.
- If needed, prompt them gently or let them repeat after you.
- After each student completes, give a clap or cheer to encourage.

After all students have spoken:

- Now ask the whole class to open their notebooks.
- Instruct them to copy the same format and fill in their own details.

Myself Booklet (30 minutes)

Step 1: Introduce the Activity

- Show a sample booklet and explain:
“We are going to make a small book about YOU! It’s called ‘Myself Booklet’.”
- Write the 5-page plan on the board.

Step 2: Fold and Make the Booklet

- Give each student 2 A4 sheets.
- Help them fold and staple in the middle to make a small booklet.

Booklet Pages – With Stickers & Writing

Page 1: Cover Page – “Myself Book”

Sticker/Icon: Smiling face or star

Task:

- Write: “Myself Book”
- Draw their face or
- Write: By: _____

Page 2: My Basic Info

Sticker/Icon: Name tag

Sentences to Write:

- My name is _____.
- I am _____ years old.
- I live in _____.

Draw: A house

Page 3: My Favourites

Sticker/Icon: Heart or rainbow

Sentences to Write:

- My favourite colour is _____.

- My favourite food is _____.
- My favourite animal is _____.

Draw: Any one favourite thing

Page 4: My Hobbies

Sticker/Icon: Paintbrush, book, or football

Sentences to Write:

- I like to _____.
- I love _____.

Draw: Picture of their hobby (e.g., drawing, dancing, playing)

Page 5: My Family

Sticker/Icon: House with heart

Sentences to Write:

- I live with my _____.
- I have ____ brothers/sisters.

Draw: Family picture

Step 3: Colour and Decorate

- Allow students to colour and decorate each page.
- Provide cute stickers (or draw smileys, stars, animals) if available.

Step 4: Sharing

- Students can come up and read one or two pages to the class.
- Or pair them up to share with a friend.

Step 5: Display

- You can pin some on the board under “All About Us”

Follow up task (15 minutes)

Myself Interview

Instructions for Students:

- Pair up with a classmate (or sibling/parent if done at home).
- Ask them the following questions and write their answers in your notebook:

1. What is your name?
2. How old are you?
3. Where do you live?
4. What is your favourite food?
5. What do you like to do?
6. Then switch roles – let them ask you and write your answers.

Notebook Format Example:

1. My Friend's Name: Ayaan
2. He is: 8 years old
3. He lives in: Kochi
4. His favourite food is: Dosa
5. He likes to: play cricket

Teacher Tip:

Next day, pick a few students to come up and introduce their partner to the class

Expected Learning Outcome

Knowledge-Based:

- Learn to form simple self-introduction sentences.
- Understand basic sentence structure and vocabulary related to self-description.

Skill-Based:

- Improve speaking and writing through guided self-expression.
- Build confidence in sharing personal information with others.
- Develop creativity by drawing and decorating the “Myself Booklet.”

- Strengthen social and communication skills through pair and group activities.
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Revision #3

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