

# Session 35: Self Introduction

Title	"All About Me - A Journey into
Objective	<ul style="list-style-type: none"><li>• Help students introduce themselves basic self-description sentences.</li><li>• Build confidence in speaking through interactive activities.</li><li>• Enhance writing skills by practicing : formation.</li><li>• Encourage creativity through drawing personal expression in the "Myself B</li><li>• Foster peer interaction and collabor: through group and pair activities.</li></ul>
Topic	"Myself"
Methodology	<ul style="list-style-type: none"><li>• Intractive teaching</li><li>• Activity based teaching</li></ul>
Materials	<ol style="list-style-type: none"><li>1. A4 sheets (for booklets and noteboo</li><li>2. Crayons, sketch pens, and markers</li><li>3. Stickers (smiling face, stars, hearts,</li><li>4. Pencils, erasers, and sharpeners</li><li>5. Chart paper for "Myself Booklet" cov</li><li>6. Format chart for the "Talk, Touch, ai activity</li><li>7. Sample booklet (for demonstration)</li><li>8. Printed stickers (optional)</li><li>9. Stapler (to bind the booklet)</li><li>10. Board and markers for writing sente</li></ol>
Session Duration	90 Minutes

## Introduction Activity (5 minutes)

### Circle of Greetings

## Steps:

- Form a Circle: Ask all students to stand in a circle.

## Introduction:

- Begin by saying, "I'm happy to see you all!" and introduce yourself using simple sentences:

"My name is \_\_\_\_\_. I am \_\_\_\_\_ years old. I like \_\_\_\_\_."

# Main Activity (50 minutes)

## Talk, Touch, and Write - Myself (20 minutes)

### Steps:

- Prepare a Format Chart :

1. My name is \_\_\_\_\_.
2. I am \_\_\_\_\_ years old.
3. I live in \_\_\_\_\_.
4. My favourite colour is \_\_\_\_\_.
5. I like to \_\_\_\_\_.

### Read Together:

- Begin by reading the format aloud with the whole class 2-3 times. Student Participation  
One by One: Call each student one by one to the front.
- Help them say each sentence by pointing to the blanks.
- If needed, prompt them gently or let them repeat after you.
- After each student completes, give a clap or cheer to encourage.

### After all students have spoken:

- Now ask the whole class to open their notebooks.
- Instruct them to copy the same format and fill in their own details.

## Myself Booklet ( 30 minutes )

## Step 1: Introduce the Activity

- Show a sample booklet and explain:  
“We are going to make a small book about YOU! It’s called ‘Myself Booklet’.”
- Write the 5-page plan on the board.

## Step 2: Fold and Make the Booklet

- Give each student 2 A4 sheets.
- Help them fold and staple in the middle to make a small booklet.

### Booklet Pages – With Stickers & Writing

#### Page 1: Cover Page – “Myself Book”

Sticker/Icon: Smiling face or star

Task:

- Write: “Myself Book”
- Draw their face or
- Write: By: \_\_\_\_\_

#### Page 2: My Basic Info

Sticker/Icon: Name tag

Sentences to Write:

- My name is \_\_\_\_\_.
- I am \_\_\_\_\_ years old.
- I live in \_\_\_\_\_.

Draw: A house

#### Page 3: My Favourites

Sticker/Icon: Heart or rainbow

Sentences to Write:

- My favourite colour is \_\_\_\_\_.

- My favourite food is \_\_\_\_\_.
- My favourite animal is \_\_\_\_\_.

Draw: Any one favourite thing

#### Page 4: My Hobbies

Sticker/Icon: Paintbrush, book, or football

Sentences to Write:

- I like to \_\_\_\_\_.
- I love \_\_\_\_\_.

Draw: Picture of their hobby (e.g., drawing, dancing, playing)

#### Page 5: My Family

Sticker/Icon: House with heart

Sentences to Write:

- I live with my \_\_\_\_\_.
- I have \_\_\_\_ brothers/sisters.

Draw: Family picture

### **Step 3: Colour and Decorate**

- Allow students to colour and decorate each page.
- Provide cute stickers (or draw smileys, stars, animals) if available.

### **Step 4: Sharing**

- Students can come up and read one or two pages to the class.
- Or pair them up to share with a friend.

### **Step 5: Display**

- You can pin some on the board under "All About Us"

## Follow up task (15 minutes)

# Myself Interview

## Instructions for Students:

- Pair up with a classmate (or sibling/parent if done at home).
- Ask them the following questions and write their answers in your notebook:

1. What is your name?
2. How old are you?
3. Where do you live?
4. What is your favourite food?
5. What do you like to do?
6. Then switch roles – let them ask you and write your answers.

## Notebook Format Example:

1. My Friend's Name: Ayaan
2. He is: 8 years old
3. He lives in: Kochi
4. His favourite food is: Dosa
5. He likes to: play cricket

## Teacher Tip:

Next day, pick a few students to come up and introduce their partner to the class

# Expected Learning Outcome

## Knowledge-Based:

- Learn to form simple self-introduction sentences.
- Understand basic sentence structure and vocabulary related to self-description.

## Skill-Based:

- Improve speaking and writing through guided self-expression.
- Build confidence in sharing personal information with others.
- Develop creativity by drawing and decorating the "Myself Booklet."

- Strengthen social and communication skills through pair and group activities.
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Revision #3

Created 6 May 2025 07:46:55 by iLab

Updated 11 May 2025 03:03:19 by iLab